



**everything!**

is **FREE** of artificial trans fats. Enjoy!



## soups

**cup 2.59 • bowl 3.59**

soup of the day  
broccoli cheese  
tomato basil **V**  
vegetable **V** **H**  
french onion **V** **H**  
red beans with sausage & rice

**cup 3.59 • bowl 4.59**

chili  
southwest chicken chili  
spicy seafood gumbo

**cup 3.59 • bowl 5.59**

chicken pot pie

## salads

### Marinated Chicken Breast Salad 6.79

tender chicken, cheddar, kalamata olives, tomatoes, homemade guacamole on mixed salad greens and a side of leo's italian dressing.

### Chicken Caesar 6.79

romaine, asiago, croutons, caesar dressing, marinated chicken breast.

### The Big Chef 6.79

premium ham, oven roasted turkey breast, swiss, cheddar, tomatoes, kalamata olives, hard-boiled egg slices on mixed salad greens.

### Taco Salad 6.79

lettuce, tortilla chips, topped with your choice: chili, southwest chicken chili, or red beans with sausage. garnished with cheddar, sour cream, southwest spices, homemade pico and guacamole. served with picante.

### Famous Salad Bar 6.59

all you can eat, fresh-cut vegetables, select organics, homemade pasta and potato salads, gingerbread muffins, garlic toast, etc., etc.

### Soup & Famous Salad Bar 7.59

our fresh salad bar with a bowl of hot soup.

### Chicken Pot Pie & Famous Salad Bar 8.59

### Side Salad 3.99

with purchase of sandwich, pasta or potato.

### Homemade

### Tuna or Chicken Salads 5.99

tuna salad made with hard-boiled eggs; our chicken salad is made with almonds and pineapple. both on a bed of organic field greens, garnished with fresh fruit.

### Fresh Fruit Plate 5.79 **V** **H**

served with creamy liqueur dip.

### Fresh Fruit Cup 2.59 **V** **H**

served with creamy liqueur dip.

## slimwiches

served with choice of fresh fruit,  
Baked Lay's® or steamed veggies

### CUSTOM SLIMWICHES

**5.79**

oven roasted turkey breast  
smoked turkey breast  
premium ham  
roast beef

whole grain wheat  
rye  
white

mustard  
spicy brown mustard  
lettuce  
tomato  
organic field greens  
organic spinach

smaller portions with fewer than  
349 calories and 5.9 g. fat **H**

### HEALTHY HEART SLIMWICHES

#### Spinach Veggie Wrap 5.99 **H** **V**

organic spinach, homemade pico and guacamole, sprouts, mushrooms, asiago with a side of picante. 423 calories, 17 g. fat, 30 mg. cholesterol, 1109 mg. sodium

#### Turkey Wrap 5.99 **H**

98% fat free oven roasted turkey breast, homemade guacamole and ranch dressing, tomatoes, sprouts. 535 calories, 13 g. fat, 37 mg. cholesterol, 1694 mg. sodium

#### Philly Chick® Wrap 6.29 **H**

marinated chicken breast, sautéed onions and bell peppers, low fat swiss and fat free honey mustard. 664 calories, 23 g. fat, 90 mg. cholesterol, 2035 mg. sodium

#### Turkey Reuben 6.59 **H**

98% fat free oven roasted turkey breast, sauerkraut, low fat swiss, spicy brown mustard, grilled on rye. 437 calories, 11 g. fat, 71 mg. cholesterol, 2638 mg. sodium

#### Club Lite 6.59 **H**

smoked turkey breast, low fat ham, lettuce, tomato, low fat swiss and fat free honey mustard on toasted whole grain wheat. 533 calories, 15 g. fat, 96 mg. cholesterol, 2206 mg. sodium

#### Garden Po'boy 5.99 **H** **V**

organic field greens, homemade guacamole and pico, cucumbers, red & yellow bell peppers, asiago cheese and low fat balsamic vinaigrette on wheat french bread. 459 calories, 20 g. fat, 30 mg. cholesterol, 1603 mg. sodium

# build your own served with chips or Baked Lay's® and a pickle



choose a meat
<b>5.79</b>
roast beef
oven roasted turkey breast
smoked turkey breast
premium ham
homemade tuna salad
homemade chicken salad
hard salami
liverwurst
<b>6.29</b>
hot corned beef
hot new york style pastrami

pick your bread <small>plain or toasted!</small>
whole grain wheat
rye
white
new orleans french bread
wheat french bread
all butter croissant
veggie wrap
onion bun

dress it up!
mustard
spicy brown mustard
mayo
italian peppers new!
lettuce
organic field greens
organic spinach
tomato
purple onion rings
basil pesto with pine nuts
leo's italian dressing
low fat balsamic vinaigrette
extra virgin olive oil

**add some cheese .59 extra**  
 imported Finlandia swiss • provolone • cheddar  
 american • jalapeño pepper jack • low fat Finlandia swiss

**substitutes for chips & pickle .79 extra**  
 tortilla chips & salsa • steamed veggies • honey mustard coleslaw  
 american potato salad • italian or tuna pasta salad  
 fresh fruit **1.49 extra**

## favorites served with chips or Baked Lay's® and a pickle unless otherwise stated

- Reuben THE Great 7.29**  
hot corned beef, swiss, sauerkraut, russian dressing, grilled on rye.
- The New York Yankee 7.29**  
hot corned beef & pastrami, swiss on rye with your choice of mustard or mayo.
- Santa Fe Chicken Sandwich® 6.59**  
marinated chicken breast, homemade guacamole, bacon, tomato, russian dressing, swiss, grilled on whole grain wheat.
- Bird to the Wise® 6.59**  
oven roasted turkey breast, hot pastrami, swiss on toasted onion bun with your choice of mustard or mayo.
- BLT 5.79**  
bacon, lettuce, tomato, mayo between toasted whole grain wheat.
- Club Royale 6.59**  
smoked turkey breast, premium ham, bacon, lettuce, tomato, swiss, cheddar, honey mustard on toasted all butter croissant.
- Deli Club 6.59**  
premium ham and oven roasted turkey breast between toasted whole grain wheat with bacon, cheddar, swiss, lettuce, tomato, mayo.
- Tuna Melt 5.99**  
homemade tuna salad, swiss, mayo, tomato, grilled on whole grain wheat.
- California Club 6.59**  
oven roasted turkey breast, homemade guacamole, tomato, sprouts, bacon, swiss, mayo on toasted all butter croissant. served with fresh fruit or Baked Lay's® or steamed veggies.
- Ranchero Wrap 6.29**  
marinated chicken breast, homemade pico and ranch dressing, jalapeños, cheddar, southwest spices. served with tortilla chips and picante.

**special manager's HALF SANDWICH DEAL**

half of **any sandwich** on the menu (excluding muffalettas) and your choice of one:  
 cup of any soup or fresh fruit cup **6.79** • **or** side salad **7.79**

# muffalettas

premium ham & hard salami or oven roasted turkey breast muffaletta with provolone and homemade olive mix, grilled to perfection. served with chips or Baked Lay's® and a pickle.

**9" Whole-Muff 10.99**  
**Half-Muff 7.59**  
**Quarter-Muff 5.99**

## special quarter-muff DEAL

premium ham & hard salami or oven roasted turkey breast muffaletta with choice of any cup of soup or fresh fruit cup.  
**6.99**



# po'boys

*served on wheat or white french bread with chips or Baked Lay's® and a pickle*

### Traditional Po'boy 5.99

premium ham & hard salami or oven roasted turkey breast with provolone, lettuce, tomatoes with your choice of mustard or mayo.

### Beefeater 6.59

hot roast beef, provolone, mayo with cup of au jus.

### Sergeant Pepper® 6.59

hot roast beef, sautéed onions and bell peppers, provolone, mayo with cup of au jus.

### MeataBalla Po'boy 6.59

meatballs, Jason's own italian red sauce, provolone.

### Pastrami Melt 6.59

hot pastrami, swiss, russian dressing.

# paninis & wrapinis®

*served with chips or Baked Lay's® and a pickle*

### Smokey Jack Panini 6.59

smoked turkey breast and bacon with jalapeño pepper jack cheese, roma tomatoes, russian dressing and homemade guacamole, pressed between olive oil basted french bread.

### Chicken Panini 6.59

marinated chicken breast with provolone cheese, basil pesto spread with pine nuts, roma tomatoes and organic spinach, pressed between olive oil basted french bread.

### Grilled Portobello Wrapini® 6.59 ①

grilled portobello mushroom marinated in leo's italian dressing, homemade guacamole, homemade pico de gallo, organic spinach, asiago cheese, pressed between olive oil basted wrap bread.

### Chicken Club Wrapini® 6.59

grilled marinated chicken breast, bacon strips, purple onions, roma tomatoes, homemade ranch dressing, swiss and cheddar cheeses, pressed between olive oil basted wrap bread.

# pasta

*served hot with olive oil garlic bread*

### Chicken Pasta Primo 6.99

penne pasta topped with our original tomato-basil sauce, marinated chicken breast and asiago cheese.

### Penne Pasta & Meatballs 6.99

penne pasta topped with Jason's own italian red sauce, meatballs and asiago cheese.

### Chicken Alfredo 6.99

penne pasta topped with creamy alfredo sauce, marinated chicken breast and asiago cheese.

### Vegetarian Pasta 5.99 ①

penne pasta topped with your choice of our original tomato-basil sauce or creamy alfredo sauce and asiago cheese.

# potatoes

*big & baked*

### half potatoes for \$1 less

### The Plain Jane® 5.79

natural buttery blend, cheddar, sour cream, bacon, green onions.

### Spud Au Broc® 5.79

covered with broccoli cheese soup, cheddar, fresh broccoli, green onions, bacon.

### Pollo Mexicano 5.99

marinated chicken breast, sour cream, homemade pico, cheddar, natural buttery blend, southwest spices.

### Fiesta 5.99

chili or southwest chicken chili, cheddar, purple onions, natural buttery blend.

### Texas Style Spud® 5.99

smoked barbecue, cheddar, natural buttery blend.

new!

# jr. meals

dine-in or to-go for kids 12 and under  
every junior meal includes a drink choice:  
organic apple juice, milk or kid's fountain drink

**Organic Peanut Butter & Jelly 1.99** ①

**Deli Hot Dog 1.99** add chili .59

**Grilled Cheese 1.99** ①

whole grain wheat or white bread.

**Little Deli Plate 3.29**

premium ham or oven roasted turkey breast with american cheese sandwich.

choice of bread: whole grain wheat, white or wrap.

**the 4 meals above include a choice of one side:  
organic carrots, apples, fresh fruit or chips & pickle.**

**Junior Salad Bar 3.29**

**Junior Jane Baked Potato 3.29**

with cheddar, sour cream, bacon and natural buttery blend.

**Spaghetti & Meatballs 3.29**

**Pepperoni or Cheese Pizza 2.59**

**Mac & Cheese 2.59** ①

# sides

**cup 1.79**

steamed veggies

tuna penne pasta salad

italian pasta salad

american potato salad

3 bean salad (edamame - kidney - garbanzo)

asian salad with spicy peanut sauce

honey mustard coleslaw

**cup of fresh fruit 2.59**

served with creamy liqueur dip.

**bagel & cream cheese with fruit 2.99**

# drinks

free refills with  
fountain drinks and tea

**Fountain Drinks 1.79**

**Unsweetened or Sweetened Tea 1.79**

**Black Currant Tea 1.79**

**Lemonade 1.79**

**Jason's Water 1.69**

**San Pellegrino 1.89**

**FIJI Water 1.89**

**Orange Juice 1.79**

**Apple Juice 1.79**

**Boylan Sodas 1.89**

**Ito En Bottled Teas 1.89**

**Nantucket Nectars 1.89**

**Organic Nantucket Nectars 1.89**

**Milk .89**

**Jason's Java 1.29**

**Hot Tea 1.29**

**Wine\* 2.99**

**Beer\* 2.99**

**Imported Beer\* 3.99**

\*where available

# desserts

**Fresh Baked Cookies .99**

oatmeal raisin, chocolate chip pecan,

white chocolate macadamia nut

or peanut butter.

**Brownie 1.29**

**Baklava 1.29**

**Strawberry Shortcake 2.99**

**Plain Cheesecake 2.99**

**Strawberry Cheesecake 2.99**

**Turtle Cheesecake 2.99**

**Cherry Cheesecake 2.99**

**Carrot Cake 2.99**



**sold at  
all delis**

# Jason's deli®

# jasonsdeli.com

# menu notes



Our product specifications result in a menu that is free of artificial trans fats and partially hydrogenated oils but are not necessarily low in saturated fat.



Analysis provided by Analytical Food Laboratories, Grand Prairie, TX, based on menu items only and may vary slightly depending on portion size.



Designates vegetarian items.



All organic items are USDA certified



if you have any questions or suggestions, please call 1-800-444-DELI, or visit us online: [jasonsdeli.com](http://jasonsdeli.com)

**dine-in, take out & delivery**

delivery charge and minimum may apply